

## Attack Formations

### 4 Box with 3 inside

- Run 3 inside to one elbow and create a lot of space for challenge up top
- Work 2v2 or crease/elbow- run 3 inside to opposite elbow
- Crease can feed to the 3-person stack inside



### 3-2-2

- Top middle drives, elbows clear through
- Crease gets back, FEEDER- opposite elbow cut
- Crease passes to next crease- look to feed backdoor from elbow
- Work Crease Drive
- If nothing, pass up top- reset and get to top middle to drive again

